

Maryland Women of Asphalt Lunch & Learn Webinar Registration Form

Construction and paving professionals face some of the highest rates of stress, anxiety, and depression of any industry. Nearly 64% of U.S. construction workers report experiencing anxiety or depression in the past year. As the days get shorter, many people also struggle with seasonal depression, which often begins in late fall or winter and eases in spring.

Join the Maryland Women of Asphalt and NAMI Metropolitan Baltimore for a free, one-hour lunch and learn featuring NAMI's In Our Own Voice program. This peer-led community education presentation is designed to change attitudes, challenge stereotypes, and show the reality of living and recovering well with mental health conditions. Hear real stories, learn how to start the conversation with coworkers, and find out where to turn for support.

Registration is complimentary.

Contact Information

Contact Name: _____
Company: _____
Company Address: _____
_____
Phone: _____ Email: _____

Attendee Registration

of Attendees: _____

Attendee #1: _____
#1 Email; _____
Attendee #2: _____
#2 Email: _____
Attendee #3: _____
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#9 Email: _____
Attendee #10: _____
#10 Email: _____

Mail completed forms to: Maryland Asphalt Association, 2408 Peppermill Dr. Suite G, Glen Burnie, MD 21061 **or** email to Meg Tran (mtran@mdasphalt.org) **or** Fax to 410-761-0339. **REGISTRATION DEADLINE: OCTOBER 23, 2026**